# Radionuclides Activity and Radiological Hazard Assessment in samples of potato chips by using a High Purity Germanium (HPGe) detector

## Ruwiadah Tarek Mahdi

Department of Physics, College of Science for Women Bagdad University, Baghdad, Iraq.

### Abstract

The average concentration of radionuclide's in the various potato chips samples were collected from being the most popular markets in Baghdad city - Iraq were measured by use a High Purity Germanium (HPGe) detector. The radionuclide's observed with reliable regularity belonged to the series-decay naturally occurring radionuclide's headed by <sup>238</sup>U and <sup>232</sup>Th as well as the non-series nuclide, <sup>40</sup>K. The average concentration of <sup>238</sup>U was found the least average concentration value recorded as 0.71 Bq kg<sup>-1</sup>. The average concentration of <sup>40</sup>K was 68.22 Bq kg<sup>-1</sup> For <sup>232</sup>Th, it was found to have the average concentration 2.06 Bq kg<sup>-1</sup>. also was calcualed radium equivalent activity (*Raeq*), internal hazard index (Hin), external hazard index (*H<sub>ex</sub>*) and the annual effective dose(*D*) for each sample . It was observed that none of the above treatments exceeded the recommended values globally.

**Keyword:** Radioactivity, specific activity, <sup>234</sup>U, <sup>232</sup>Th, <sup>40</sup>K, HPGe

### **Introduction:**

The Radionuclides and their decay products from <sup>238</sup>U and <sup>232</sup>Th series together with <sup>40</sup>K are terrestrial primordial radionuclides, which originated from the earth's crust and are the sources of natural radioactivity in the environment .[1] The long-lived radioisotopes uranium <sup>238</sup>U ( $t_{1/2}$  =4.47×10 y), <sup>232</sup>Th ( $t_{1/2}$ =1.4×10 y), and <sup>40</sup>K ( $t_{1/2}$ =1.25×10 y) and their daughter nuclides do present naturally in all ground formations. Nuclear technologies and industrial products and by-products may add more to the terrestrial radiations, making the earth a source of background radiations where all living creatures are exposed to and subject to their absorption consequences. It is an established fact that radioactivity might be transferred to human beings through the food chain.[2,3] The study of the radioactivity concentration in plants in the environment are of interest within ecological and plant evolution under certain conditions of geochemical point of view and adaptation, and it

of thus provide information in the monitoring environmental radioactivity.[4,5] Therefore, studies and radiological surveys of air, soil, rocks, water, heavy water, food, vegetables, etc. have increased to measure the level of radiation doses to which humans are exposed. [6-11] In addition, a large portion of the annual effective dose due to natural sources is caused by .[12] Plants are the primary recipients of radioactive the intake of foods contamination in a food chain. Vegetation may be subject to direct and indirect contamination. The direct contamination of terrestrial vegetation refers to the deposition of radioactive materials from the atmosphere onto the parts of plants above ground . [13, 14] Indirect contamination refers to the absorption of radionuclides from the soil by the root system of plants.[15] This study investigated the activity concentration of  $^{234}$ U,  $^{232}$ Th and  $^{40}$ K in some chips species and its popularly consumed in Baghdad city, Iraq, in order to improve the understanding on the effects on peoples. The radium equivalent, the external hazard index, the absorbed dose and the annual effective dose were assessed and compared with results of the worldwide average value in the United Nations Scientific Committee on the Effects of Atomic Radiation report [16].

### **Material and Methods**

Six samples of different types of potato chips were collected from different markets in Baghdad city. A total samples were collected as 3 samples from each exported country (Saudi Arabia, Jordan, Iran)

And 3 samples from (Iraq, Erbil ). The samples are then grinded to powder at a rate of one kilogram per sample and sealed in airtight plastic container. The samples were thereafter left for 28 days in order for gaseous daughters of  $^{238}U$ ,  $^{232}Th$  and  $^{40}K$  to reach secular equilibrium before counting was taken [17].

Gamma-ray spectroscopic system detects gammas emitted from sample materials using a High Purity Germanium (HPGe) detector [18]. As radioactive isotopes emit gammas of intrinsic energy, if we measure the energy of gammas, we can tell apart the kind of isotope and its activity. Gamma-ray spectroscopic system is used to identify the isotopes and activities by measuring gammas from a sample material. Most of (HPGe) detectors use high-density and high atomic numbered lead as a shield to reduce background noise due to radiation and radioactive dirt existing around the detectors.(HPGe) gamma-ray spectrometers are used widely for the measurement of environment radiations[19].

#### **Results and Discussion:** Activity Concentration

The activity concentrations in  $(Bq.kg^{-1})$  for the six studied samples calculated for each of the <sup>238</sup>U,<sup>232</sup>Th and <sup>40</sup>K radionuclide's by using eq's. [20].

$$A_{s} = \frac{A}{W} (Bq.kg^{-1})$$

Where A is the activity of the isotope, W is the weight of the sample In table (1), The activity concentration of  ${}^{40}K$  ranged from 254.1 (Bg / Kg) in chips Lays (Saudi Arabia) to 7.99 ( Bg / Kg) in Chips Pato (Iran). The highest activity concentration of  $^{238}U$  was found in Chips Tycoon (Erbil) 1.31 (Bg / Kg), while the lowest concentration was found in Chips Pato (Iran) 0.14 (Bg / Kg) . The activity concentration of  $^{232}Th$  have values in chips is 10 Bq/kg and 2.4 (Bg / Kg) in Chips Pato Lays (Saudi Arabia) (Iran). Same results were found in the shells of samples where it found for  $^{40}K$  to be the highest in all the samples. However, the values obtained for  $^{40}K$ were very low compared to values obtained for other locally produced food stuffs in the area. Since the values obtained for  ${}^{40}K$  were almost within the same range in all the samples, this could put the source of  ${}^{40}K$  as being from samples of the potassium rich. The mean activity concentrations of  ${}^{40}K$  and  $^{232}Th$  were found to be high in 68.22 Bq/kg and 2.09Bq/kg respectively, while the lowest concentration rate of  $^{238}U$  0.71( Bg / Kg).

#### **Calculation of Radiological Effects**

To represent the activity levels of  $^{226}$ Ra,  $^{232}$ Th and  $^{40}$ K by a single quantity, which takes into account the radiation hazards associated with them, a common radiological index has been introduced called radium equivalent activity (*Raeq*) in Bq.kg<sup>-1</sup> to compare the specific activity of materials containing different amounts of  $^{226}$ Ra,  $^{232}$ Th and  $^{40}$ K [21]:

$$Ra_{eq} = C_{Ra} + 1.43C_{Th} + 0.077C_{K}$$

where,  $C_{Ra}$ ,  $C_{Th}$  and  $C_K$  are the specific activities of  ${}^{226}Ra {}^{232}Th$  and  ${}^{40}K$  respectively According to Table (2) note that uranium equivalent were found out by the equation number. (4) It was noted that the overall rate her is 8.91 (Bg / Kg) and the highest value of the equivalent 34.26 (Bg / Kg) in chips Lays (Saudi Arabia) and the lowest value Chips in Chipsico (Jordan) 0.74 (Bg / Kg) according to figure (1).



Fig.1: Radium equivalent activity.

A widely used hazard index (reflecting the external exposure) called the external hazard index is defined as follows [2]:

$$H_{ex} = \frac{C_{Ra}}{370} + \frac{C_{Th}}{259} + \frac{C_K}{4810}$$

he calculated values of  $H_{ex}$  (Table 2) for samples were the highest value is 0.09 in chips Lays (Saudi Arabia) and The minimum value of 0.002 in chips Chipsico (Jordan)(means is 0.02). according to Figure (2).



Fig. 2: External Hazard Index

For the internal hazard index (Hin) [22]:

$$H_{in} = \frac{C_{Ra}}{185} + \frac{C_{Yh}}{259} + \frac{C_K}{4.810}$$

The average values for samples were 0.02 and and it was the highest value is 0.09 in Chips Lays (Saudi Arabia) and The minimum value is 0.004 in chips Chipsico (Jordan) . according to figure (3).



Fig. 3: Internal Hazard Index

The absorbed dose rates (*D*) due to gamma radiations in air at 1m above the ground surface for the uniform distribution of the naturally occurring radionuclides ( $^{226}Ra$ ,  $^{232}Th$  and  $^{40}K$ ) were calculated based on guidelines provided by UNSCEAR 2000 [2]. The outdoor dose ( $D_{out}$ ) was calculated:

$$D_{out} = 0.462C_{Ra} + 0.604C_{Th} + 0.0417C_{Ra}$$

The average values for samples were  $4.45 \text{ nGy h}^{-1}$ Where the overall rate is  $4.45(\text{ nGy h}^{-1})$  and was the highest value is  $16.99(\text{ nGy h}^{-1})$  in Chips Lays (Saudi Arabia) and The lower value is  $0.34(\text{ nGy h}^{-1})$  in Chips chipsico (Jordan).

The indoor absorbed dose rate  $(D_{in})$  was calculated using the equation [22]:

 $D_{in} = 0.92C_{Ra} + 1.1C_{Th} + 0.08C_{K}$ 

The average values of  $D_{in}$  for samples were 8.54 (nGy h<sup>-1</sup>)

The annual effective dose was calculated in terms of outdoor ( $E_{out}$ ) and indoor ( $E_{in}$ ), respectively. The conversion factor (0.7 Sv Gy<sup>-1</sup>) and (0.2) (0.8) outdoor and indoor occupancy factors, respectively, were used to estimate  $E_{out}$  and  $E_{in}$  [22]

$$E_{outdoor} = observed \ dose \ [G_y / h] \times 8766 \ h / y \times 0.7 \ [Sy/Gy] \times 0.2 \times 10^{-6}$$

 $E_{intdoor} = observed \ dose \ [G_y / h] \times 8766 \ h / y \times 0.7 \ [Sy/Gy] \times 0.8 \times 10^{-6}$ 

where 8766 h y<sup>-1</sup> is number of hours in one year (leap year was taken in account), and  $10^{-6}$  is the conversion factor between nano and milli.

The results obtained for  $E_{out}$  and  $E_{in}$  are shown (Table 2). The average values of  $E_{out}$  and  $E_{in}$  for samples were 0.005 and 0.02, respectively.

These values were less than the lower limit of 20 mSv y<sup>-1</sup> for radiation workers and even lower than the recommended level of 1 mSv  $y^{-1}$  for the general population (ICRP, 1991) [12].

Another radiation hazard index, the representative level index,  $I_{yr}$ , used to estimate the level of y-radiation hazard associated with the natural radionuclides in investigated samples, to examine whether the samples meets these limits of dose criteria. It defined as [20]:

$$I_{\gamma r} = \frac{C_{Ra}}{150} + \frac{C_{Th}}{100} + \frac{C_K}{1500}$$

Where the overall rate is her 0.07 (Bg / Kg) and was the highest value is 0.04 (Bg / Kg) in chips Lays (Saudi Arabia) and The lower value is 0.02(Bg / Kg) in Chips Hbsako (Jordan)

According to Figure (5)



Fig.5: Representative gamma index.

Sample Number	Sample name	Activity concentration (Bq/kg)			
	Sumple nume	<sup>232</sup> Th	$^{234}U$	<sup>40</sup> K	
1	Lays( Saudi Arabia)	10	0.4	254.1	
2	Chipsico(Jordan)	0	0.74	0	
3	Bato(Iran)	2.4	0.14	7.99	
4	Hala(Iraq)	0	0.58	61	
5	Taycon(Erbil)	0	1.31	19.1	
6	MunCheese(Iraq)	0	1.09	67.13	
Average		2.06	0.71	68.22	

Table 1: Activity concentration of radionuclide

Table 2: The hazard indices

Sample Number	sample name	Ra <sub>eq</sub> (Bq/Kg)	H <sub>ex</sub>	H <sub>in</sub>	D <sub>out</sub> (nGy/h)	<b>D</b> <sub>in</sub> (nGy/h)	Eout	Ein	Iyr
1	Lays (Saudi Arabia)	34.26	0.092	0.093	16.99	32.496	0.020	0.08	0.04
2	Chipsico (Jordan)	0.74	0.002	0.004	0.34	0.6808	0.0004	0.001	0.02
3	Bato(iran)	4.18	0.0113	0.0116	1.88	3.6	0.002	0.009	0.05
4	Hala(iraq)	5.27	0.014	0.015	2.81	5.4136	0.003	0.01	0.27
5	Taycon(arbil)	2.78	0.007	0.011	1.40	2.7332	0.001	0.006	0.004
6	MunCheese(Iraq)	6.25	0.016	0.019	3.301	6.3732	0.004	0.016	0.03
Average		8.91	0.024	0.026	4.45	8.549467	0.005	0.02	0.07

# Conclusions

In this work has been the activity concentration of U-238, Th-232 and K-40 present in most of the studied are relatively lower that the average of worldwide concentration as it acceptable dose limits of both the UNSCEAR (1988) and the ICRP (1991)[16,17]. With this, we recommend that the

measurement is repeated to determine more than the samples with relatively high concentration in addition to what already has been calculated coefficients of both radium and external and internal risks of radiation equivalent, as well as affecting the rights of radioactive elements normal dose has been observed that any of the above-mentioned transactions did not exceed much values recommended globally.

#### References

[1] Kessaratikoon P, Awaekechi S. Natural radioactivity measurement in soil samples collected from municipal area of Hat Yai district in Songkhla province, Thailand KMITL Sci J Sect A 2008;8:52-58.

[2] United Nations Scientific Committee on the Effects of Atomic Radiation. Sources and Effects of Ionizing Radiation. UNSCEAR 2000. Report to the General Assembly, (New York: United Nations); 2000.

[3] Tschiersch J, Shinonaga T, Heuberger H. Dry deposition of gaseous radioiodine and particulate radiocaesium onto leafy vegetables. Sci Total Environ 2009;407:5685-93.

[4] Mukhammedov S, Tillaeva K. Natural Radioactivity of some medicinal plants. J Nucl Radiat Phys 2005;1:73-6.

[5]. Tettey-Larbi L, Darko EO, Schandorf C, Appiah AA. Natural radioactivity levels of some medicinal plants commonly used in Ghana. Springerplus 2013;2:157

[6] Olomo JB. The natural radioactivity in some Nigerian foodstuffs. Nucl. Instrum Methods A 1990;299:666-9.

[7] Bolca M, Sac MM, Cokuysal B, Karah T, Ekdal E. Radioactivity in soils and various foodstuffs from the Gediz River Basin of Turkey. Radiat Meas 2007;42:263-70.

[8] Hamarneh IF, Awadalla MI. Soil radioactivity levels and radiation hazard assessment in the highlands of northern Jordan. Radiat Meas 2009;44:102-10.

[9] Shanthi G, Kumaran TT, Gnana Raj GA, Maniyan CG. Radioactivity in food crops from high background radiation area in southwest India. Curr Sci 2010;97:1331-5.

[10]. Todorovic DJ, Jankovic MM. Natural radioactivity of materials used in industry and construction in Serbia.J Environ Sci Health A Tox Hazard Subst Environ Eng 2011;46:1147-53.

[11] Jha SK, Gothankar S, Iongwai PS, Kharbuli B, War SA, Puranik VD. Intake of <sup>23</sup>8U and <sup>232</sup>Th through the consumption of foodstuffs by tribal populations practicing slash and burn agriculture in an extremely high rainfall area. J Environ Radioact 2012;103:1-6.

[12] Ramachandran TV, Mishra UC. Measurement of natural radioactivity levels in Indian foodstuffs by gamma spectrometry. Appl Radiat Isot 1989;40:723-6.

[13] Monte L, Quaggia S, Pompei S. The behavior of 137Cs in some edible fruits. J. Environ Radioact 1990;11:207-14.

[14] Badran HM, Sharshar T, Elnimer T. Levels of 137Cs and 40K in edible parts of some vegetables consumed in Egypt.J Environ Radioact 2003;67:181-90.

[15] Toba T, Ohta T. An observational study of the factors that influence interception loss in boreal and temperate forests.J Hydrol 2005;313:208-20.

[16] United Nations Scientific Committee on the Effects of Atomic Radiation Report to the General Assembly, with Annexes, 1988.

[17]United Nations Scientific Committee on Effects of Atomic Radiation 'UNSCEAR' Sources and Effects of Ionizing Radiation. Report to General Assembly, with Scientific Annexes, *United Nations, New York*. pp:65-69(1993).

[18]Khandaker MU, High purity germanium detector in gamma-ray spectrometry, IJFPS 1, 42-46 (2011).

[19]Murray AS, Marten R, Johnston A, Martin P, Analysis for naturally occuring radionuclides at environmental concentrations by gamma spectrometry, JRNC 115, 263-288 (1987).

[20] Hasan H.I. and Mheemeed A. Kh.,2008. Transfer of <sup>40</sup>K from soil to plants in an agricultural field and its EDE from milk ingestion. *Damascus University Journal for Basic Sciences* Vol. 24, No. 2, pp:43-59.

[21] Lu. Xinwei, 2005, Natural radioactivity in some building materials of Xi'an, China, *Journal of Radiation Measurements*, 40(1), pp: 94-97. and Diab H. M. et al., 2008, *Journal of Nuclear and Radiation Physics*, Vol. 3, No. 1, pp. 53-62.

[22] Beretka, J. and Mathew, P.J. 1985.Natural radioactivity of Australian Building materials, industrial wastes and by-products", Health Phy. 48, pp:87-95.